



## Curriculum Vita Spring 2026

**Instructor:** JP Slovak

**Academic Department:** Biological and Environmental Science

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### EDUCATION

Ed.D., Health and Physical Education, Texas A&M University-Commerce(now East Texas A&M University), 1996

M.S., Health and Physical Education, Texas A&M University-Commerce(now East Texas A&M University), 1993

B.S., Health and Physical Education, Texas A&M University-Commerce(now East Texas A&M University), 1990

### TEACHING EXPERIENCE

Assistant Professional Track, Biological and Environmental Science, East Texas A&M University, 2000-present

Ad-Interim Assistant Professor, Biological and Environmental Science, TAMUC(now ETAMU), 1998-2000

Adjunct Instructor, Biological and Environmental Science, TAMUC(now ETAMU), 1998

Adjunct Instructor, Collin Community College, 1996

Teaching Assistant/Coach, Health, Kinesiology and Sports Studies, TAMUC(now ETAMU), 1992-1996

Teacher/Coach, Burleson ISD, 1990-1992

## PUBLICATIONS

Bulent Agbuga, John P. Slovak, Ferman Konukman, Ilker Yilmaz. Comparison of Division II College Offensive and Defensive Football Players' Upper Body Strength Across One Repetition Maximum Test and The NFL-225 Test. *Journal of Human Kinetics*, Volume 21, 2009, 75-82.

von Duvillard, Serge P. FACSM ; Bell, Jeff ; Dieckmann, Ines ; Hamra, Jena ; Alford, Ken ; Miskevich, Frank ; Slovak, John P. "Determination of Lactate Turn Points by Gas Exchange, Salivary a-Amylase and Testosterone in Male Subjects." *Medicine & Science in Sports & Exercise*. 39(5) Supplement:S252, May 2007

Mayhew, Jacques, Ware, Chapman, Bemben, Ward and Slovak. "Anthropomorphic Dimensions Do Not Enhance 1-RM Prediction from the NFL225 Test in College Football Players", *Journal of Strength and Conditioning Research*, *Journal of Strength and Conditioning Research*, 2004, 18(3), 572-578.

Mayhew, Ware, Cannon, Corbett, Chapman, Ward, Farris, Juraszek, Slovak. "Validation of the NFL-225 test for predicting 1-RM bench press performance in college football players", *Journal of Sports Medicine and Physical Fitness*, Sept 2002: Volume 43: 304-308.