



East Texas A&M University Drug and Alcohol Abuse Prevention Report

2025 Biennial Report

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Introduction

East Texas A&M University is dedicated to transforming lives through quality education. Located just 60 miles northeast of Dallas, the university offers several learning sites throughout the Dallas-Fort Worth area and beyond, providing access to higher education across the region. With an enrollment of more than 12,500 students from 42 states and 60 countries, East Texas A&M is the third-largest institution in The Texas A&M University System. In Fall 2023, it earned recognition as the fastest-growing public university in the state. Students may choose from more than 140 undergraduate and graduate programs, taught by accomplished faculty who are deeply committed to both teaching and research. A 19:1 student-to-faculty ratio ensures a personalized learning experience that supports academic achievement and personal growth.

Founded in 1889 as a teachers' college, East Texas A&M has remained a leading producer of Texas educators. Today, it also stands out as a national leader in competency-based online education, offering flexible and accessible pathways for working adults to advance their careers. The university reached a significant milestone with its designation as an R2 institution by the Carnegie Classification of Institutions of Higher Education in 2025, with 59 research doctoral degrees awarded and over \$7 million in annual research expenditures. This designation places East Texas A&M among an elite group of leading research institutions within the Texas A&M System and nationwide. Students benefit from state-of-the-art facilities designed to support hands-on learning and real-world preparation. These include an advanced simulation hospital for healthcare training, a 1,300-acre research farm promoting sustainable practices, and new centers for both agriculture and gamebird research scheduled to open in 2026.

East Texas A&M ranks 98th in the nation for social mobility, according to U.S. News & World Report, reflecting the university's commitment to expanding opportunity and promoting student success. The university fosters a vibrant campus life with more than 100 student organizations, an active Greek community, and a dynamic residential experience. In 2025, the ETAMU Lions became full members of NCAA Division I in the Southland Conference. This transition is expected to amplify the university's national visibility, enhancing its athletic profile while strengthening its academic reputation, boosting enrollment, and increasing the long-term value of an East Texas A&M degree.

In an effort to collaborate with campus partners, the following departments have focused on efforts to implement programs to promote a healthy environment for the university community and enforce regulations for the prevention of alcohol and drug abuse.

- Division of Student Affairs/Dean of Students
- University Police Department
- University Athletics
- Human Resources
- University Ethics & Compliance
- Division of Research and Economic Development
- Student Government Association-Student Representative

The focus of the Alcohol and Other Drugs Committee is to collaborate in a joint effort to review the effectiveness of the university's alcohol and drug abuse programs and initiatives while ensuring compliance with the U.S. Department of Education, The Drug-Free Schools and Campuses Regulations [EDGAR Part 86], reporting requirements.

Alcohol and Drug Use

East Texas A&M University, as part of The Texas A&M University System (A&M System), prohibits the unlawful manufacture, distribution, possession or use of illicit drugs or alcohol on system property, while on official duty or as part of any system activities. The possession, sale, manufacture, or distribution of any controlled substance is illegal under both state and federal laws.

The enforcement of alcohol laws on campus is the primary responsibility of the University Police Department. The possession of alcoholic beverages by anyone under 21 years of age is illegal. With prior university approval, possession and consumption of alcoholic beverages are restricted to special use buildings and facilities as designated by the president, approved by the system chancellor and reported to the Board of Regents on an annual basis. Individuals, organizations, or groups violating alcohol or drug policies or laws may be subject to sanctions by the university. Clarification regarding alcohol and controlled substances for students can be found online [here](#) or visit the office of Student Rights and Responsibilities in Halladay Student Services #201.

Smoke Free Campus

[ETAMU Rule 34.05.99.R1 Smoke, Vapor, and Tobacco Free Environment](#)

[ETAMU Rule 34.02.01.R1 Drug Free Workplace and Campus](#)

[System Policy 34.02, Drug and Alcohol Abuse](#)

[System Regulation 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#)

Texas State Laws-Alcohol and Drugs

Minor in Possession (MIP) – TABC 106.05

A minor (individual under the age of 21) consuming or possessing an alcoholic beverage, except in the visible presence of the minor's adult parent, guardian, or spouse. Class C Misdemeanor.

Public Intoxication (PI) - TX PC Sec. 49.02

Appearing in a public place while intoxicated so much that the person may endanger him/herself or another person. Class C Misdemeanor

Driving under the Influence (DUI) – TABC 106.041

A minor is operating a motor vehicle in a public place while having any detectable amount of alcohol in the minor's system. Class C Misdemeanor.

Driving While Intoxicated (DWI) - TX PC Sec 49.04

Operating a motor vehicle, aircraft or watercraft in a public place while intoxicated. A blood alcohol concentration (BAC) of .08 will automatically be DWI, but this is not the only criterion. Class B Misdemeanor. First offense with a BAC of .15 or greater is enhanced to a Class A Misdemeanor

Providing Alcohol to a Minor or Purchasing Alcohol for a Minor – TABC 106.06

The providing of alcohol to a minor, the purchasing of alcohol for a minor or the providing for a location for minors to drink is a violation of state law. Class A Misdemeanor.

Minor in Consumption (MIC) – TABC 106.04

A minor commits an offense if he/she consumes an alcoholic beverage. Class C Misdemeanor.

Penalties

Charges-Fines-Imprisonment

Misdemeanors

Class A-up to \$4,000-up to 1 year and 180-days driver's license suspension

Class B- up to \$2,000-up to 180 days and potentially community service

Class C- up to \$500-community service, alcohol awareness course and up to 1 year driver's license suspension

Felony

Second Degree - up to \$10,000 - 2 to 20 years

Third Degree - up to \$10,000 - 2 to 10 years

State Jail Felony - up to \$10,000 - 180 days to 2 years

Alcoholic Beverages

The possession, sale, or furnishing of alcoholic beverages on the East Texas A&M campus is governed by statements in the Student Guidebook and Texas state law. Laws regarding the possession, sale, consumption, or furnishing of alcohol are controlled by the Texas Alcoholic Beverage Commission (TABC). The enforcement of alcohol laws on campus is the primary responsibility of the UPD. The possession, sale, manufacture, or distribution of any controlled substance is illegal under both state and federal laws. Violators may be subject to university disciplinary action, criminal prosecution, and fine and imprisonment (or a combination). It is unlawful to sell, furnish, or provide alcoholic beverages to a person under the age of twenty-one (21). The possession of alcoholic beverages by anyone less than twenty-one (21) years of age is illegal. It is also a violation of the student code of conduct for anyone to possess or consume alcohol in any public or private area of campus without prior university approval. Organizations or groups violating alcohol or drug policies or laws may be subject to sanctions by the university. Additional clarification regarding alcohol and controlled substances policies can be found in the Student Guidebook.

Illegal Drugs

The East Texas A&M campus has been designated "Drug Free and Smoke Free." The unlawful possession, sale, manufacture, or distribution of any illegal drugs, controlled substances and/or drug paraphernalia is illegal under both state and federal laws. These laws are strictly enforced by the UPD. Violators may be subject to university disciplinary action, criminal prosecution, and fine and imprisonment (or a combination). The university reserves the right to employ an outside agency to assist in the detection of illegal drugs, controlled substances and/or drug paraphernalia.

[Federal trafficking list of schedules](#)

Federal Trafficking Penalties

Drug/Schedule	Quantity	Penalties	Quantity	Penalties
Cocaine (Schedule II)	500-4999 grams mixture	First Offense: Not less than 5 years, and not more than 40 years. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual.	5 kgs+ mixture	First Offense: Not less than 10 years, and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 mill., if not an individual, \$50 mill., if not an individual.
Cocaine Base (Schedule II)	28-279 grams mixture		280 grams+ mixture	
Fentanyl (Schedule II)	40-399 grams mixture		400 grams+ mixture	
Fentanyl Analogue (Schedule I)	10-99 grams mixture		100 grams+ mixture	
Heroin (Schedule I)	100-999 grams mixture		1 kg+ mixture	
LSD (Schedule I)	1-9 grams mixture	Second Offense: Not less than 10 years, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual	10 grams+ mixture	Second Offense: Not less than 20 years, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 mill., if an individual, \$75 if not an individual.
Methamphetamine (Schedule II)	5-49 grams pure or 50-499 grams mixture		50 grams+ pure or 500 grams + mixture	
PCP (Schedule II)	10-99 grams pure or 100-999 grams mixture		100 grams+ pure or 1 kg+ mixture	
				2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 mill., if not an individual.

Penalties		
Other Schedule I & II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any amount	First Offense: Not more than 20 years. If death or serious injury, not less than 20 years or more than life. Fine up to \$1 mill., if individual, \$5 mill., if not individual.
Flunitrazepam (Schedule IV)	1 gram	Second Offense: Not more than 30 years. If death or serious injury, life imprisonment. Fine up to \$2 mill., if individual, \$10 mill., if not individual.
Other Schedule III drugs	Any amount	First Offense: Not more than 10 years. If death or serious injury, not less than 15 years. Fine up to \$500,000 if individual, \$2.5 mill., if not individual.
		Second Offense: Not more than 20 years. If death or serious injury, not more than 30 years. Fine up to \$1 million if individual, \$5 mill., if not individual.
All other Schedule IV drugs	Any amount	First Offense: Not more than 5 years. Fine up to \$250,000 if individual, \$1 mill., if not individual.
Flunitrazepam (Schedule IV)	Other than 1 gram or more	
		Second Offense: Not more than 10 years. Fine up to \$500,000 if individual, \$2 mill., if not individual.
All Schedule V drugs	Any amount	First Offense: Not more than 1 year. Fine up to \$100,000 if individual, \$250,000 if not individual.
		Second Offense: Not more than 4 years. Fine up to \$200,000 if individual, \$500,000 if not individual.

Drug	Quantity	1st Offense	2nd Offense *
Marijuana (Schedule I)	1,000 kg or more marijuana mixture. or 1,000 or more marijuana plants	Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 mill., if an individual, \$50 mill., if other than an individual.	Not less than 20 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 mill., if an individual, \$75 mill., if other than an individual.
Marijuana (Schedule I)	100 kg to 999 kg marijuana mixture. or 100 to 999 marijuana plants	Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.	Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 mill., if an individual, \$75mill., if other than an individual.
Marijuana (Schedule I)	More than 10 kgs hashish; 50 to 99 kg marijuana mixture More than 1 kg of hashish oil; 50 to 99 marijuana plants	Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 mill. if an individual, \$5 mill., if other than an individual.	Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 mill., if an individual, \$10 mill., if other than an individual.
Marijuana (Schedule I)	Less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants	Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.	Not more than 10 yrs. Fine \$500,000 if an individual, \$2 mill., if other than individual.
Hashish (Schedule I)	10 kg or less		
Hashish Oil (Schedule I)	1 kg or less		

*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to \$20 million if an individual and \$75 million if other than an individual.

Alcohol and Drug Education Program Initiatives

East Texas A&M University provides various programs, services, and outreach efforts to prevent and address alcohol and other drug issues.

Division of Student Affairs

The Division of Student Affairs has an oversight of the following departments: Student Rights & Responsibilities, Student Health Services, Counseling Center, Student Advocacy & Support, Residential Living & Learning, Campus Recreation, and Student Engagement to which, this office has an oversight on Fraternity and Sorority Life, Student Organizations, and the Involvement Center. Additionally, the Assistant Dean of Students maintains a liaison relationship with SODEX (food services) and serves as Chair of the Behavior Intervention Team (BIT). The BIT team encompasses other Student Affairs leaders, a faculty member, and a University Police representative. The objective of alcohol and drug programming within the Division of Student Affairs is to promote responsible decision-making regarding alcohol and other drugs to the East Texas A&M University community through educational programming and resources.

Residential Living and Learning

Residential Living and Learning (RLL) plays a vital role in fostering a safe, supportive, and conducive living environment for students on campus at East Texas A&M University. In conjunction with institutional policies and regulations, RLL is committed to promoting residents' health and well-being, including addressing issues related to alcohol and other drugs.

To achieve this mission, RLL provides semesterly staff training to our students and professional staff. Some of the training sessions include:

- Title IX Training
- Incident & CARE Report Writing (Maxient)
- Emergency Procedures & Response
- Behind Closed Doors (student incident scenarios)
- Suicide Prevention Training

In addition, RLL facilitates our Community Development Model throughout our residential communities to cultivate a cohesive and supportive living environment that fosters personal growth, academic success, and a sense of belonging among residents. This model aims to facilitate meaningful social interactions and encourage residents to engage positively with one another by organizing various activities, events, and initiatives. Throughout 2024-2025, RLL implemented over 270 programs with a strong emphasis on student development, engagement, and wellness. Many of these events were hosted in the evenings and weekends to offer students meaningful, alcohol-free entertainment options during high-risk times.

Programming and Outreach

- **Spontaneous Connection Programs**-These initiatives are designed to foster peer-to-peer interactions, build community among residents, and provide fun alternatives to substance use. Fall

2024 highlights include Lion Walk events in various residence areas, community mixers, and themed floor programs such as movie nights, crafting socials, and food-centered gatherings.

- **Educational Initiatives**-While RLL's focus is largely on social connection, several programs directly addressed safety, wellness, and awareness. These included presentations and passive programming related to stress management, healthy habits, and responsible decision-making—creating an environment that encourages students to thrive without the use of alcohol or drugs.
- **Community Collaboration**- Many RLL events were held in partnership with campus departments such as Student Engagement, the Counseling Center, and University Police. These collaborations enhanced educational components related to safety, wellness, and community expectations, including:
 - Tabling events with giveaways and resource information
 - Campaigns during awareness weeks (e.g., Mental Health Week, Domestic Violence Awareness Month)
 - Participation in campus-wide traditions and initiatives
- **Training and Staff Development**-RLL professional and student staff receive ongoing training on student wellness, including components on alcohol and drug awareness. These trainings equip staff to model and reinforce positive behaviors, respond to residents' concerns, and refer students to appropriate campus resources. In Fall 2024, RLL facilitated several in-hall staff development sessions that included:
 - Conduct and community standards
 - Crisis response and student safety
 - Peer leadership and inclusive programming

Residential Living & Learning	February 28, 2023	Alcohol & Drug Education- Awareness board to provide education to residents	Students
Residential Living & Learning	March 1, 2023	Let's "Taco" About...Alcohol and Drug Abuse-Awareness board to provide education to residents	Students
Residential Living & Learning	March 6, 2023	Alcohol and Drug Bulletin Board-Awareness board to provide education to residents	Students
Residential Living & Learning	September 18, 2023	Drug and Alcohol Awareness Bulletin Board-Phase 3- Awareness board to provide education to residents	Students
Residential Living & Learning	September 25, 2023	Alcohol Awareness-Know your potions Bulletin Board-Phase 2- Awareness board to provide education to residents	Students
Residential Living & Learning	September 25, 2023	Cup Pong Tournament- residents will have to play with UPD's drunk goggles on making the last players standing have and see the dangers of alcohol.	Students
Residential Living & Learning	September 25, 2023	Alcohol Awareness-Think Before You Drink Bulletin Board-Phase 2- Awareness board to provide education to residents	Students
Residential Living & Learning	September 25, 2023	Alcohol Awareness-Boo's and Booze Bulletin Board-Phase 2- Awareness board to provide education to residents	Students
Residential Living & Learning	September 25, 2023	Alcohol Awareness-I'm Here for the Boos Bulletin Board-Phase 2- Awareness board to provide education to residents	Students
Residential Living & Learning	September 25, 2023	Alcohol Awareness-Avoid a Spooky Situation Bulletin Board-Phase 2- Awareness board to	Students

		provide education to residents	
Residential Living & Learning	September 27, 2023	What do UNO about alcohol? Uno tournament to allow residents to socialize, but also want to take time to educate residents on the risks of alcohol and binge drinking. In order to do this there will be pre-made mocktails, where students will learn about alcohol use and how to calculate their BAC by how many drinks they have.	Students
Residential Living & Learning	September 27, 2023	Sobriety Spotlight- Phase III will have resident assistants and a university police officer will be speaking about the dangers of alcohol and drugs, along with a skit where the RA's will be students partying in a room and another RA will be acting as an UPD officer to teach them a lesson on drugs and alcohol.	Students
Residential Living & Learning	September 27, 2023	Alcohol Awareness-Know Your Portions Bulletin Board-Whitley Hall- Awareness board to provide education to residents	Students
Residential Living & Learning	September 28, 2023	Pride Rock 2023 UNO Tournament- UNO tournament for Pride Rock residents to sign up for and attend. Meanwhile, UPD has been invited to present a table and present about alcohol awareness. Student staff will also have a table nearby to create mocktails for residents.	Students
Residential Living & Learning	October 5, 2023	Jam & Juice-Education event for New Pride residents on Drug and Alcohol awareness.	Students
Residential Living & Learning	October 30, 2023	Alcohol Awareness-Think Before You Drink Bulletin Board-Phase 3- Awareness board to provide education to residents	Students
Residential Living & Learning	November 5, 2023	Alcohol Awareness-How to Avoid “Champagne Problems” Bulletin Board-Prairie Crossing	Students
Residential Living & Learning	November 30, 2023	Donut abuse alcohol! Education event to talk to residents regarding alcohol consumption and safe drinking.	Students

Student Rights and Responsibilities

The Office of Student Rights and Responsibilities addresses alleged violations of university rules and/or student rules on ETAMU premises. Violations of any state or federal law pertaining to controlled substances that occur off campus and are not associated with a connected activity may also result in conduct charges in situations where the continued presence of the individual on campus is likely to interfere with the educational process and/or the orderly operation of ETAMU. East Texas A&M University conduct proceedings will comply with the procedures outlined in the university’s rules and student rules. Any conduct action imposed by ETAMU may precede and be in addition to any penalty imposed by authorities off campus.

Programming and Outreach

- **DARTY** - An engaging back-to-school event designed to set students up for success both inside and outside the classroom. This interactive program brings together a variety of on- and off-campus

partners organizations to provide practical guidance on Student Rights and Responsibilities

The following table provides specific numbers of reports made to the Student Rights and Responsibilities Office related to alcohol and other drug violations and individuals involved.

Charge or Issue	2023-2024 Academic Year		2024-2025 Academic Year		Total Reports
	Number of reports	Responsible Finding	Number of reports	Responsible Finding	
All	821	425	712	392	1533
Alcohol	20	14	33	21	53
Percentage	2%	3%	5%	5%	3%
Drugs	135	67	214	120	255
Percentage	16%	16%	30%	31%	17%

- As it relates to alcohol incidents specifically, those incidents accounted for approximately 3% of the total number of reports seen by the Student Rights and Responsibilities Office.
- As it relates to drug incidents specifically, those incidents accounted for approximately 17% of the total number of reports seen by the Student Rights and Responsibilities Office.

All violations of alcohol and drug laws addressed by the UPD are also to be referred to the Student Rights and Responsibilities office for additional review.

Medical Amnesty Policy

The university recognizes that the fear of potential disciplinary action by the university might inhibit students from seeking emergency medical assistance for themselves or others when an alcohol or drug overdose is apparent or suspected. To remove that barrier, the university has instituted the Medical Amnesty Policy (MAP).

In accordance with MAP, students who have sought emergency assistance for others at the time of the incident and who stay on scene and cooperate with authorities will not face disciplinary action from Student Rights and Responsibilities. Here is how it works:

1. Student(s) call 911 or 903.886.5111 when alcohol or drug overdose is present or suspected. Student(s) stays with the person and cooperates with all emergency personnel.
2. Student(s) will be referred to the Office of Student Rights and Responsibilities.
3. Student(s) will be evaluated for amnesty by the Office of Student Rights and Responsibilities.
4. Students who qualify for amnesty will still be required to participate in an educational component and may be referred for an individual consultation; however, they will not face disciplinary action.
5. Students who receive amnesty and decline or fail to attend the educational component or fail to comply with the counselor's recommendations will become subject to disciplinary action. There are limitations to medical amnesty, and inclusion in the program is not automatic.

Student Engagement and Fraternity and Sorority Life

The Office of Student Engagement engages, develops, and impacts students and the university community by providing high impact programs, workshops and activities in a lively environment for all students. This mission is achieved through involvement opportunities and program offerings which serve as programming alternatives to drinking.

Student Engagement (OSE) provides a variety of alcohol-free programs and events such as Lions Roar events, Fraternity and Sorority Life, Civic Engagement opportunities and traditional programs. In the academic year 2024-2025, OSE provided over 65 alcohol free programs and events. Most of the events were facilitated after 5 p.m. in an effort to not compete with academic coursework as well as providing alcohol free programming and entertainment. Programming highlights include:

Programming and Outreach

- **Lion's Roar** is a week-long series of events and activities designed to welcome students back to campus, help new students acclimate, and offer entertainment and excitement during the first week of school. Traditional Lion's Roar events include Donuts and Directions, the Involvement Fair, and Meet the Greeks.
- **Homecoming** is a week-long series and events designed to build excitement and school spirit around the Homecoming Football game. Traditional Homecoming events include a Homecoming Week Kick-Off, Hot Dog Spirit Rally, Homecoming Bonfire, pep rally and concert.
- **Fraternity and Sorority Life (FSL) Programming** is designed to recruit men and women to join the FSL community, develop leadership skills amongst our students, as well as build unity amongst our chapters and councils. Traditional FSL programs include CPC and IFC recruitment, NPHC Hump Days, President's Meetings and Greek Leadership retreat
- **Traditional Programming** are annual events designed to keep students engaged on campus and provide alcohol free activities for our students. Our traditional programs include Lion Walk, BG Wednesday Programming, Haunted House and Late-Night Breakfast. All events are facilitated in the evenings.
- **Civic Engagement** opportunities are a way for students to give back to their community. Fall 2024 had a heavy focus on the 2024 Presidential Election. There were debate watch parties, election night result watch party, voter registration tabling campaigns and voting shuttles to transport students to local polling stations.

Furthermore, OSE offers multiple training sessions to different student groups throughout the semester where a component of the training focuses on alcohol awareness education. Those trainings include:

- **College Panhellenic Council (CPC) Convocation:**
This training takes place before women participate in College Panhellenic Council (CPC) Primary Recruitment. It covers topics such as recruitment schedules, communication and various aspects of risk management, including alcohol and drug awareness education. **One (1) training was conducted in Fall 2024.**
- **FSL New Member Network:**
This training is required for all new members of the Fraternity and Sorority Life Community. It covers topics such as an overview of FSL community, standards and expectations, benefits and various aspects of risk management, including alcohol and drug education awareness. **Two (2) training was conducted between Fall 2024 and Spring 2025.**

- **Interfraternity Council (IFC) Convocation:**
This training takes place before men participate in Interfraternal Council (IFC) Primary Recruitment. It covers topics such as recruitment schedules, communication, and various aspects of risk management, including alcohol and drug awareness education. **One (1) training was conducted in Fall 2024.**
- **MGC/NPHC 101:**
This training takes place before any student participates in a Multicultural Greek Council (MGC) or National Pan-Hellenic Council (NPHC) intake process. It covers topics such as intake process, council and organizational history and various aspects of risk management, including alcohol and drug awareness education. **Twenty-Seven (27) distinct training sessions were conducted between Fall 2024 and Spring 2025.**
- **Student Organization Mandatory Fall Training:**
This training is required annually for all student organizations. Two officers from each student organization are required to attend. It covers topics such as campus resources, benefits of being a registered student organization and various aspects of risk management, including alcohol and drug awareness education. **Four (4) distinct training sessions were conducted in Fall 2024.**
- **Understanding Opioid and Fentanyl Misuse:**
This is a training that is mandatory for all student organizations members. This course explores the nature and consequences of opioid and fentanyl use and misuse. Beginning with a general introduction to legal and illegal opioids, this experience discusses the effects of opioids on the body, the physiological impact of opioid misuse, and the risks associated with overdose and substance use dependency. The primary objective is to equip students with the knowledge to recognize early signs of opioid and fentanyl misuse and how to intervene effectively. By fostering awareness, we aim to empower students to take a proactive role in addressing opioid-related issues within their communities.

Student Engagement	September 9, 2023	Student Organization One-Stop Training: This training is to go over the registration for student organizations. The training also goes over risk management topics and includes drug, alcohol prevention, mitigation, and what the penalties would be for student organizations if they are found responsible for an alcohol or drug violations.	Students
Student Engagement	September 11, 2023	Student Organization Mandatory Training: This training is for student organization members going over risk management topics and includes drug, alcohol prevention, mitigation, and what the penalties would be for student organizations if they are found responsible for an alcohol or drug violation.	Students
Student Engagement	September 12, 2023	Student Organization Mandatory Training: This training is for student organization members going over risk management topics and includes drug, alcohol prevention, mitigation, and what the penalties would be for student organizations if they are found responsible for an alcohol or drug violation.	Students

Fraternity & Sorority Life	September 20, 2023	National Pan-Hellenic Council/Multicultural Greek Council 101: NPHC/MGC 101 is an educational meeting to teach potential new members about the National Pan-Hellenic Council. and Multicultural Greek Council. This event is required for membership in an NPHC or MGC organization.	Students
Student Engagement	September 25, 2023	Student Organization Make Up Training: This training is for student organization members going over risk management topics and includes drug, alcohol prevention, mitigation, and what the penalties would be for student organizations if they are found responsible for an alcohol or drug violation.	Students
Fraternity & Sorority Life	October 4, 2023	National Pan-Hellenic Council/Multicultural Greek Council 101: NPHC/MGC 101 is an educational meeting to teach potential new members about the National Pan-Hellenic Council. and Multicultural Greek Council. This event is required for membership in an NPHC or MGC organization.	Students
Fraternity & Sorority Life	October 11, 2023	National Pan-Hellenic Council/Multicultural Greek Council 101: NPHC/MGC 101 is an educational meeting to teach potential new members about the National Pan-Hellenic Council. and Multicultural Greek Council. This event is required for membership in an NPHC or MGC organization.	Students
Student Engagement & FSL	November 7, 2023	Title IX and Dine: Title IX and Dine was an event open to all students to learn about Title IX and sexual violence.	Students
Student Engagement	November 27, 2023	Student Organization Game Night: Student organization game night was an event where we went over student organization policies and procedures including drug and alcohol policies.	Students
Student Engagement & FSL, & Title IX	March 5, 2024	Brittany Piper Guest Lecture: Fraternity, sorority, and student organization members were encouraged to attend this event learning about Brittany's experience with sexual violence and Title IX.	Students

Rayburn Student Center

The Rayburn Student Center (RSC) is dedicated to fostering connection, engagement, and student success by providing spaces for social, academic, and engaging activities through excellent event support services that enrich the university experience. This mission is carried out through diverse offerings that support community building, learning, and transforming in a welcoming environment.

Facilities and Hours of Operation

The RSC serves as a central hub for campus life and is open seven days a week during the academic year, offering extended hours to accommodate student needs. Regular operating hours are Monday – Friday: 7:00am–10:00pm; Saturdays: 9:00am-10:00pm; Sundays: 10:00am-10:00pm

Activities & Event Support Services

The RSC features a range of amenities and activities, including lounge spaces, meeting rooms, dining options, and areas for social events. Recent enhancements include expanded bulletin boards for campus information, TVs in student lounges for gaming and entertainment, and dynamic programming that fosters a sense of belonging. The RSC also maintains a commitment to providing an alcohol-free environment that encourages healthy and responsible choices.

- **RSC All Staff Training Event:** training designed to educate and equip student employees working at the Rayburn Student Center with the necessary skills and knowledge to effectively perform their roles, including customer service, time management, critical thinking, and overall support for students utilizing the center's facilities and services.
- **Always a Lion Coloring Day:** RSC Staff provide supplies and University coloring sheets for students to celebrate being a lion by coloring and decorating your Lion coloring page.
- **Thanksgiving Activity:** Students can show off their amazing coloring skills in the atrium where their work will be showcased. Theme is Thanksgiving
- **Finals Encouragement Bags:** The students of the Rayburn Student Center pass out goodie bags and items for students to get their study on for finals.
- **Social & Leisure Activities:** throughout the RSC Building there are a number of drug and alcohol-free activities that students can engage in, including video games setups, reading lounges, Rockbot music player, live TV and movie screenings, and student rooms.
- **Building Partners:** within the RSC Building there are several alcohol-free programs and services that provide many alternative options for students, like the Mane Café, Bookstore, Chick-Fil-A, the Mane Mini-Market, the Office of Student Engagement and the Involvement Center.

Campus Recreation

Campus Recreation's mission is to connect, educate and inspire people to lifelong activity and wellbeing. This mission is fulfilled in program offering as well as managing recreational facilities.

Recreational facilities: The Morris Rec Center (MRC) is an environmental approach to AOD prevention. The MRC is open 7 days a week and hours include late evenings. During the school year, the regular hours are Mon-Thurs 5:30am-11pm, Fri 5:30am-9pm, Sat 9am-9pm, and Sun 11am-10pm. The MRC offers activities such as working out, a variety of sports options, rock climbing, and swimming. The MRC offers a great environment that is alcohol and drug-free and provides drop-in activities that lead to a healthy lifestyle.

Programming and Outreach

Programming: Campus Rec provides a variety of alcohol-free activities such as intramural sports, club sports, group fitness, personal training, nutritional events, and outdoor adventure trips. These programs are occurring primarily during evenings and weekends. Some highlights include:

- **RecFest:** held during the fall and spring semester as a welcome-back event, this evening of games, food, prizes, and fun draws hundreds of students each semester.
- **Rec After Dark:** This event included snacks, bracelet making, board games, slacklining, sleeping bag relay race, dodgeball, and more! Students were invited to come dressed in pjs or onsies!

- **Nutritional events:** held weekly, these programs cover a variety of topics such as meal planning, cultural foods, grocery store tours, cooking classes, and macro-nutrients. During the warmer months, there are also regular Mocktail Mondays to highlight refreshing alcohol-free drinks.
- **Collaborative events:** Working with partners such as Health & Human Performance, Student Counseling Center, and Student Health Services, Campus Rec supports events such as the Student Health Fair, De-Stress Days, and Celebrate EveryBODY Day.
- **Sports programming:** Intramural sports offer leagues and tournaments in opportunities such as flag football, basketball, volleyball, kickball, ultimate frisbee, pickleball, tennis, etc. These games occurred in the evenings, Monday – Thursday. Also, there are several club sports who practice and compete against other universities, such as fishing, soccer, tennis, and esports.
- **Fitness programming:** Zumba, strength training, yoga, cycling, and more are offered morning, mid-day, and evenings. Led by a certified instructor, these fitness sessions are structured fitness opportunities.
- **Outdoor adventure trips:** These trips include all transportation, food, gear, and activities to get outside and do adventurous activities such as rock climbing, hiking, kayaking, fishing, snow sports, and biking. These trips are alcohol-free and held on weekends. There are also longer trips that occur after finals and during spring break.

Student Health Services

Student Health Services is dedicated to providing excellent, affordable, dependable medical care to our student body. We screen each patient for alcohol and smoking use as part of our routine clinic visit. The patient is asked how much alcohol is consumed per week and documented in their medical records. A smoking history is also recorded: cigarette, vaping, and marijuana. Medical and counseling treatment is available for patients who screen positive for alcohol use disorder and desire treatment. Smoking cessation classes are offered through the campus counseling center.

Educational handouts for alcohol and marijuana use are available in our clinic lobby, at yearly student health fairs, student orientation sessions, and upon request for student organization events. Medical Amnesty fliers are posted in the patient rooms.

The following data was collected during the 2023 fall semester from patients were presented to the student clinic for medical care. Only current smoking history was asked during their clinic visit. The information below only takes into account only the patients who stated “yes” to the question.

Smoking				
Fall 2023	Age 15-20	Age 21-30	Age 31-40	Age 41+
Cigarettes	3	6	4	
Marijuana	16	11		
Vape	13	19	2	

The following data was collected during the 2024-2025 academic year from patients were presented to the student clinic for medical care. Each patient is asked to report on their smoking and alcohol usage when they come to student health services for medical care. Patients are encouraged to stop smoking, vaping, and using THC, and assistance to quit is discussed. Additionally, the physical harms to smoking and drinking

alcohol are discussed.

2024-2025 Smoking					
Non-Smoker	Quit Smoking	Cigarettes	THC	Vape	Total
1603	11	24	83	109	1830
2024-2025 Alcohol Usage					
1-5	5-10	10 or more	None	Total	
163	10	7	1647	1827	

Medical education regarding the importance of quitting smoking cigarettes/marijuana and vaping was discussed with the patient. Most students are aware of the damage to their lungs and body that is being done by smoking/vaping these substance(s) but did not voice a desire to quit or seek assistance to quit. The legal ramifications of smoking marijuana were included in our education.

Counseling Center

The Counseling Center provides short-term counseling and crisis intervention services to assist students who are dealing with alcohol and drug concerns and/or wide range of challenges associated with drinking problems and other forms of substance abuse; this can often include referrals made to the Counseling Center for LEAP program (Lion, Education, Assessment Program) and the Next Step program. LEAP is a two-session psychoeducational program designed to address immediate concerns around alcohol and drug use. Next Step is a four-session psychoeducational program designed to address short term alcohol and drug use concerns. Next Step is an advanced program intended for students who are repeat substance users and have already completed the LEAP program. Both LEAP and Next Step can be self-referral, or the student may be referred to by Student Rights and Responsibilities or Athletics. Recommendations beyond these services may include community referrals made for students who need substance abuse counseling that fall outside the scope of what the Counseling Center can provide. Counselors and psychologists and social workers are trained to assist students with the concerns of addiction and abuse. Assessment tools including Substance Abuse Subtle Screening Inventory (SASSI), anonymous online alcohol screening survey, a section on Counseling Center Assessment of Psychological Symptoms (CCAPS 62 and 34), and parts of client intake form are used to facilitate a more accurate understanding of students' substance use.

Programming and Outreach

- **LEAP** - two-session psychoeducational program designed to address immediate concerns around alcohol and drug use
- **Next Step** - four-session psychoeducational program designed to address short term alcohol and drug use concerns and it is intended for students who have already completed the LEAP program.
- **Teal Tuesday** - annual event held each April in recognition of Sexual Assault Awareness Month. This signature program brings together campus and community partners to provide education, resources, and support around sexual violence prevention and survivor advocacy

Through these programs and ongoing clinical services, the Counseling Center remains committed to promoting a healthy, supportive campus environment.

Division of Finance and Administration

The Division of Finance and Administration at East Texas A&M University is responsible for ensuring the efficient and effective management of the University's financial and operational resources. This division provides oversight of multiple key offices, including Human Resources, Procurement, Payroll, Information Technology, Facilities and Construction, Budget, Bursar, and the University Police Department (UPD). Through strategic planning and administrative leadership, the Division supports the University's mission by maintaining campus safety, fiscal responsibility, and operational excellence. The Division of Finance and Administration plays a critical role in sustaining a safe, secure, and well-resourced environment conducive to learning, teaching, and research.

University Police Department

The University Police Department (UPD) utilizes both a proactive and reactive approach in addressing alcohol and drug use. Officers offer educational programs regarding underage drinking and drug use as well as officers' partner with other offices on campus to bring awareness to UPD's services. Officers can and will make arrests for certain types of violations related to alcohol and drugs.

ETAMU uses the Lion Safe App by AppArmor Mobile as a safety resource. This smartphone app allows students, staff, and faculty to quickly contact the University Police Department as well as 9-1-1, as well as receive important safety alerts and access to campus resources. The app allows for individuals to protect themselves and other with the following components:

- **Friend Walk** – Share your location in real-time with a friend who can monitor your route and trigger emergency support if needed.
- **SafeWalk Program** – Offers personal escorts on the main campus between 6 p.m. and midnight.
- **BlueLight Program** – Sends immediate alerts to UPD when activated.

UPD collaborates with a variety of offices including Academics, Athletics, Title IX, Resident Life, and the Counseling Center. In partnership with the above-mentioned offices, UPD provides education awareness on alcohol and drug use, and sexual violence education. UPD provides education on blood alcohol content (BAC) at some events and allows students to use beer goggles which provides students with a safe way to experience the dangers of alcohol. Below is a list of training and alcohol-free events sponsored by the University Police Department. The focus of the events is educational awareness, consequences for alcohol and drug use, safety awareness. In addition, UPD participates in Behind Closed Doors and hosts a National Night Out event annually.

Programming and Outreach

Throughout the 2023 calendar year, UPD participated in over 25 programs focused on alcohol and drug awareness, reaching a diverse group of students including first-year students, student-athletes, and student organization members. These events included classroom presentations, campus safety events, and collaborations with Residential Life and Fraternity and Sorority Life. Several events integrated hands-on learning tools such as drunk goggles and role-play skits to reinforce messages about impairment and safety.

- **New Student Orientation (May–August 2023):** UPD delivered educational sessions during every orientation session, informing new students about alcohol laws, university policies, and the consequences of substance misuse.
- **Athletics Team Meetings (August & December 2023):** UPD met with both the football and women’s golf teams to discuss alcohol and drug use, team conduct, and support resources.
- **FSL New Member Education (August 2023):** In collaboration with Fraternity and Sorority Life, UPD led sessions on alcohol and drug awareness, hazing prevention, and sexual violence education.
- **DARTY Event (August 2023):** A joint effort with Student Rights and Responsibilities to promote safe socializing and educate students on the risks associated with daytime partying (“DARTY”).
- **Residential Life Programming (September 2023):** Events such as the *Cup Pong Tournament* and *Sobriety Spotlight* used experiential learning (e.g., drunk goggles and theatrical skits) to simulate impaired decision-making and foster conversations around alcohol safety.
- **College 101 Presentations (September–November 2023):** Multiple sessions delivered to new and continuing students to promote awareness of alcohol laws, decision-making skills, and available campus supports.
- **Partnered Presentations (November 2023):** Sessions with student organizations like Kappa Delta Chi addressed the intersection of substance use, hazing, and sexual misconduct.
- **National Night Out (Annual):** UPD’s flagship community engagement event brings students and campus partners together to build positive relationships and promote crime prevention

Throughout the 2024–2025 academic year, the University Police Department (UPD) continued its commitment to student safety and well-being by participating in more than 30 alcohol and drug free awareness events, engaging a wide range of student populations including first-year students, student-athletes, fraternity and sorority members, and student leaders. These events emphasized interactive, student-centered learning through workshops, peer dialogue, and experiential tools such as impairment goggles and role-play scenarios.

- **New Student and Transfer Orientation (May–July 2024):** UPD facilitated multiple presentations during each freshman and transfer orientation session, providing incoming students with essential information on Texas alcohol laws, university policies, and safe decision-making strategies.
- **Rising Lion (July 2024):** Targeting incoming students during summer bridge sessions, UPD engaged participants as part of their transition to college life.
- **RecFest and Student Rights & Responsibilities Event (August 2024):** These early semester programs served as welcome events where UPD shared campus and community resources.
- **Fraternity & Sorority Life (FSL) Collaboration (September–November 2024):** UPD delivered alcohol and drug awareness presentations to multiple sorority chapters including Kappa Delta Chi, Zeta Phi Beta, and others, focusing on peer accountability, hazing prevention, and consent education.
- **Student Organization Trainings (September 2024):** As part of mandatory training sessions for recognized student groups, UPD presented on alcohol-related policies and proactive risk management during campus events.
- **National Night Out (October 2024):** UPD’s annual community engagement event provided students with interactive safety education and fostered positive relationships between students and campus safety personnel.
- **Mane Event (October 2024):** This large-scale campus event featured UPD’s educational booth with impairment simulation activities such as drunk goggles, reinforcing messages about the impact of alcohol on judgment and motor skills.
- **Student Involvement Fair (January 2025):** UPD engaged students at this campus-wide fair, offering safety information and inviting students to upcoming alcohol education programs.

- **Greek Life Chapter Sessions (February–March 2025):** Tailored outreach to organizations such as Omega Psi Phi, Alpha Phi Alpha, AKA, and ODPHI focusing on peer accountability, hazing prevention, and consent education.
- **Teal Tuesday (April 2025):** Although focused on sexual assault awareness, UPD’s participation included discussion of alcohol’s role in consent and bystander intervention.
- **Honors College Meeting (April 2025):** UPD presented to high-achieving students on the risks of misuse among high-stress academic populations and the importance of modeling safe behavior.

Across these events, UPD emphasized preventative education, harm reduction, and student empowerment through consistent collaboration with campus partners, including Residential Life, Student Rights and Responsibilities, and Fraternity & Sorority Life. Programming remains aligned with institutional goals to promote a safe, inclusive, and healthy campus environment.

Human Resources

Through strategic partnerships, teamwork and collaboration, Human Resources supports the mission of the university by recruiting, developing and retaining a high-performing workforce committed to equal opportunity. We are dedicated to encouraging a healthy, safe and welcoming environment that elevates the entire HR experience for East Texas A&M's applicants, employees, retirees and dependents by focusing on quality service and consultation. East Texas A&M University rule 34.02.01.R1.01 Drug Free Workplace and Campus Procedure, provides guidance to employees addicted to alcohol or drugs, to include explanation of sanctions for violations of university policy and/or criminal statutes.

Charge	FY 2023-2024	FY 2024-2025
Alcohol	1	0
Drugs	0	0

Employees who violate The Texas A&M University System substance abuse policy and regulation are subject to discipline up to and including termination. If not terminated, employees in violation of the policy or regulation may be asked to sign a Job in Jeopardy Agreement, which requires participation and completion of a substance abuse program. Failure to successfully complete the program may result in immediate dismissal.

Disciplinary Actions-Employees

- Completion of an appropriate educational program
- Written Warning
- Letter of Reprimand
- Suspension (With or Without Pay)
- Performance Improvement Plan
- Involuntary Termination

Alcohol and Drug Testing

Employees may be tested for alcohol and/or drugs due to reasonable suspicion, or because they are required to participate in alcohol and drug testing per the Texas Department of Transportation regulations. The decision to test an employee in these circumstances is made by the appropriate member CEO or designee

with the advice of OGC. The employee must be informed that a refusal to submit to a test, combined with a reasonable suspicion of usage, may be sufficient basis for termination.

Distribution of Information to Student and Employees

As required by the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communications Act Amendments of 1989, all East Texas A&M University employees have electronic access to the A&M System policy on Drug and Alcohol Abuse and Rehabilitation Programs.

The Clery Act or Jeanne Clery Campus Security Policy and Crime Statistics Disclosure Act is disseminated annually to all students, staff and faculty. The Clery report highlights reported crimes as statistics as well as university guidelines and policies concerning alcohol, drugs, safety and prevention education among other information. Copies of the report may be obtained at the University Police Department in Henderson Hall and/or the University Ethics and Compliance office in the McDowell Business Administration Building.

Within 30 days of hire, new employees are required to complete online system-required training on modules such as Creating a Discrimination-Free Workplace, Ethics & Fraud, Information Security Awareness, and Orientation to the A&M System. The orientation to the A&M System training module refers to the university's policies. Certain training courses are required to be completed annually and/or every two years. New employees acknowledge that they have been provided or have electronic access to the A&M System policy on Drug & Alcohol Abuse and Rehabilitation Programs.

The Biennial Review is distributed semesterly to students to their student email address. It is also posted on the University's website.

Annual Notification Resource Information Includes the Following:

Texas A&M University System Policy and Regulations:

34.02 Drug and Alcohol Abuse

<http://policies.tamus.edu/34-02.pdf>

Drug and Alcohol Abuse and Rehabilitation Programs

<http://policies.tamus.edu/34-02-01.pdf>

Alcoholic Beverages

<http://policies.tamus.edu/34-03.pdf>

East Texas A&M University Rule

Drug Free Workplace and Campus

[34.02.01.R1.pdf](http://policies.tamus.edu/34.02.01.R1.pdf)

Human Resources

Employee Assistance Program Benefit

<https://www.tamus.edu/benefits/guidanceresources/>

University Athletics

The NCAA Banned Drugs List may be found at the following link:

https://ncaaorg.s3.amazonaws.com/ssi/substance/2024-25/2024-25NCAA_BannedSubstances.pdf

Texas State Drug and Alcohol Laws

Alcoholic Beverage Code, Title 4

<https://statutes.capitol.texas.gov/Docs/AL/htm/AL.106.htm>

Regulatory and Penal Provisions; Chapter 101, General Criminal

Provision Alcoholic Beverage Code Chapter 106, Provisions

Relating to Age

Health & Safety Code Subtitle C. Substance Abuse Regulation and Crimes Chapter 481, Texas
Controlled Substances Act

<https://statutes.capitol.texas.gov/Docs/HS/htm/HS.481.htm>

Office of the President

The Office of the President at East Texas A&M University provides leadership and strategic oversight for key institutional functions that uphold the mission and integrity of the University. This includes oversight of Vice Presidents and their divisions within the university, University Ethics and Compliance (UECO), Athletics, and Marketing and Communications. The UECO and Athletics offices both collaborate closely with academic and administrative units to promote accountability, institutional excellence, and a culture of transparency and fairness.

University Ethics and Compliance

The Title IX Coordinator within the University Ethics and Compliance Office offers ongoing awareness events to educate students, staff, and faculty on Title IX. The primary focus of the events is reporting, and resources on and off campus available. In addition, outreach and prevention efforts as required by the Clery Act and the Violence Against Women Act (VAWA). During 2023-2024 academic year students had access to Vector-SafeColleges online training sections including but not limited to: Sexual Assault Prevention for Undergraduate Students, Sexual Assault Prevention for Graduate Students, Sexual Assault Prevention for Athletes, Alcohol and Drug Prevention (multiple courses) and Hazing Prevention. All new students including transfers and graduate students are required to complete their perspective Sexual Assault Prevention within their first semester of attendance. Additionally, all student athletes are required to complete Sexual Assault Prevention for Athletes. The University Ethics and Compliance Office monitored student completion for the mandatory training and those that failed to complete training were not allowed to register until the training had been completed. In partnership with the University Ethics and Compliance Office, Student Rights and Responsibilities will utilize courses within Alcohol and Drug Prevention and the Campus Prevention Network for educational sanctions regarding alcohol, drug, and hazing violations in the 2024-2025 academic year.

The Title IX Coordinator within the University Ethics and Compliance Office provides training to all employees including student employees and camp leaders. During the training, the employees are informed on topics related to bystander intervention, trauma informed response, reporting requirements, sexual harassment, and other sex-based misconduct topics. Throughout the 2023 calendar year, the Title IX Office conducted and participated in over 20 educational programs and events focused on creating an alcohol- and drug-free campus culture through prevention, advocacy, and policy education. These efforts targeted both students and employees and laid the foundation for the future expansion of programming. The 2023 programming calendar emphasized education on sex-based misconduct, bystander intervention, and campus reporting processes, using both direct instruction and community engagement formats to reach a broad and diverse campus audience.

Programming and Outreach

- **Start-of-Year Employee and Student Trainings (August–September 2023):** The Title IX Office held multiple introductory presentations across colleges—including COEHS, COB, Marcomm, and Music faculty—outlining Title IX policies, reporting responsibilities, and upcoming awareness events. These sessions ensured that both new and returning faculty, staff, and student leaders were well-informed on compliance expectations and support services.
- **Resident Assistant and Peer Mentor Training (August–September 2023):** These interactive

sessions provided foundational information on Title IX, sex-based misconduct definitions, prevention strategies, and the role of peer leaders in fostering a safe campus. Specialized training included scenarios on bystander intervention, the definition of consent, and mandated reporting.

- **International Student Orientation (August 25, 2023):** In partnership with the Clery Coordinator, Title IX presented at international student orientation, offering guidance on U.S. laws, reportable conduct, and the distinction between confidential and non-confidential resources.
- **Student-Facing Prevention Programs (September–November 2023):** The Title IX Office hosted and participated in a variety of events to promote awareness of rights, responsibilities, and support services. These included:
 - **Resource Tabling and Activations** (e.g., Ask Me Anything, Student Activations Resource Fair) – Informal, peer-accessible spaces for students to learn about their options and the scope of supportive measures available.
 - **Awareness Campaigns** such as Pumpkins and Prevention and It's on Us, where students engaged with Title IX staff and campus partners through interactive tables and giveaways.
 - **Bystander Intervention & Prevention Presentations** delivered in student classes and student government sessions, which highlighted proactive behaviors and how students can play a role in preventing misconduct.
- **Volunteer Program Training and Appreciation (August, October, December 2023):** The Title IX and Student Rights & Responsibilities (SRR) Volunteer Team held welcome-back and continuing training sessions focused on case intake simulations, active listening, and campus outreach planning. The year concluded with an appreciation event designed to foster community within the team and recognize peer advocates' contributions.
- **Stakeholder and Departmental Outreach (September–October 2023):** Meetings with departmental leaders and Title IX stakeholders ensured alignment on compliance goals, policy updates, and awareness of planned engagement efforts across colleges.

Throughout the 2024-2025 academic year, Title IX has participated and/or conducted 70 alcohol and drug free programs and events. Most events are held during business hours but with the creation of a student organization for the 2024-2025 academic year the programming capacity furthered into the evening hours and reached even more students through peer-led initiatives and expanded outreach. The focus of the events is educational awareness, prevention, and reporting resources for sex-based misconduct. Programming highlights included:

- **New Employee Sexual Harassment Awareness and Prevention Training:** Regular training focused on Title IX; Civil Rights overview. Includes law, definitions, scenario-training, reporting requirements, resources, bystander intervention, and trauma-informed response.
- **Stakeholder and General Meetings:** Informational meetings to share awareness, reporting requirements, and other general Title IX information to students, staff, and faculty. Some meetings are tailored to specific audiences like RA's or athletic staff.
- **Volunteer Team Training:** Sessions for Title IX and SRR volunteers. On-going training, team building, and appreciation.
- **Prevention Events:** Events aimed at educating students directly on Title IX, resources on and off-campus, prevention, and reporting options. This includes Denim Day and It's On Us.
- **Student Organization and Peer-Led Initiatives (2025):** In 2025, the newly established student organization hosted and/or participated in more than 20 alcohol-free prevention events, including:
 - Advocacy Week- partnership with the Hunt County Crisis Center, Counseling Center, and Student Advocacy & Support.
 - Prevention Events- Events aimed at combating issues variety of issues and challenges

- students may face.
- Orientation Events- Present at orientation events to provide information to new incoming students on Title IX.

These efforts demonstrate the Title IX Office's commitment to proactive engagement and culturally responsive education. The strategic focus in 2023 on partnerships with academic departments, student groups, and campus resource offices strengthened the office's infrastructure for even broader outreach in 2024 and beyond. Programming continues to reinforce the university's dedication to a safe, respectful, alcohol and drug-free campus environment.

University Athletics

In addition to East Texas A&M University's drug testing, student-athletes may also be tested as part of the NCAA random drug-testing program, which generally occurs twice per academic year. The NCAA, in conjunction with Drug Free Sport, will select student-athletes randomly from current team rosters. Each athlete selected will be notified by the Associate Athletics Director of Sports Medicine and then expected to sign an official notification form that same day. Student-athletes will be tested the morning after notification and are expected to arrive at the testing site on time or risk being assessed a positive test. **FAILURE TO SHOW FOR A SCHEDULED TEST WILL RESULT IN A POSITIVE TEST RESULT!**

Questions regarding NCAA testing should be directed to the Drug Free Sport website or the Associate Athletics Director of Sports Medicine.

Drug Testing Program

The purpose of this policy is to provide information and guidance on the NCAA drug testing policy and procedures, and how this pertains to East Texas A&M student athletes. This drug testing policy aims to ensure athlete safety and fair competition by deterring and prohibiting the use of performance enhancing drugs and other banned substances.

All NCAA member schools are subject to NCAA drug testing. The NCAA drug-testing program involves urine collection and laboratory analyses for substances on a list of banned substance classes. This list consists of substance classes generally purported to be performance enhancing and/or potentially harmful to the health and safety of the student athlete. Notably:

- Student-athletes are always held responsible for their use of all banned substances.
- While the NCAA may test for any banned substance at any time, it will generally test for anabolic agents, hormone and metabolic modulators, diuretics and masking agents, peptide hormones, growth factors and related substances and mimetics during the year-round testing program. In championships and postseason football games, the NCAA also will include testing for beta-2 agonists, beta blockers (in rifle), stimulants and narcotics.
- Other testing occasions, such as reinstatement tests, follow up tests and breach of protocol, may include testing for all banned-substance classes.

Selection of Student-Athletes for Year-Round Testing

Student-athletes competing in Divisions I and II sports are subject to year-round testing. In year-round testing

events, the timing of testing and selection of tested individuals may be random or specific to sport, position, competitive ranking, athletics financial-aid status, playing time, directed testing or any other NCAA approved selection method. For selections of student-athletes during on-campus year-round testing, the school is responsible for:

- providing the official eligibility checklist or squad list, or
- complete roster if the first outside competition has not yet occurred.

For year-round summer drug testing, student athletes will be selected from:

- the official eligibility checklist or squad list, or other approved list.

Student-athletes who appear on one of the lists above will not be selected for drug testing if the NCAA designated drug-testing agency is notified prior to the testing date that they:

- Have been cut or dismissed from their team.
- Have exhausted eligibility in the sport.
- Have graduated.
- Have a medical waiver resulting from career- ending injury or illness.
- Have quit the team; or
- Have withdrawn from the school.

All other student-athletes with remaining NCAA eligibility (including partial qualifiers, non-qualifiers, those with season ending injuries and student-athletes who have expressed interest in transferring schools) are subject to testing. A student-athlete who is no longer on the team (voluntarily or involuntarily) before notification of their selection for NCAA drug testing and was on the school's eligibility checklist or squad list without being identified as no longer on the team, may not participate in NCAA competition until completion of an NCAA drug test. This test will be administered by the NCAA-designated drug-testing agency in each case at the school's expense.

Selection of Student-Athletes at NCAA Championships and Postseason Football Games

All student-athletes are subject to NCAA testing at NCAA championships or in conjunction with postseason football games. Student-athletes may be tested before, during or after NCAA championship events and post-season football games. At NCAA team championships and postseason football games, the timing of testing and selection of tested individuals may be random or specific to position, competitive ranking, athletics financial-aid status, playing time or any other NCAA approved selection method. For team championship and postseason football game testing, student-athletes may be selected from the official travel party roster, official gate/credential list, championship participation sheets or other approved forms. At NCAA individual championship events, timing of testing and selection of tested individuals may be random or specific to competitive ranking, random selection, position of finish or other NCAA-approved selection method. Student-athletes in their final year of eligibility, and/or those who did not compete, who are listed in one of the criteria identified above are subject to NCAA drug testing" (NCAA Drug Testing Manual 2024-25).

East Texas A&M University Athletics, as a Division 1 member institution, will comply with all year-round testing and championship season testing requirements per procedures listed below:

1. All student athletes will sign a drug testing waiver each year as a part of their compliance paperwork and will have access to this document year-round for reference via their ARMs portal/profile.
2. At the beginning of each term the NCAA Drug Testing policy will be reviewed and education on

how to check supplements for banned substances via Drug Free sport will be discussed.

- a. Drug Free Sport fliers are hung in the athletic training facilities and locker rooms with information pertaining to drug-education including a QR code to the Drug Free Sport Axis website.
3. Athletes are required to list any medications and/or supplements they may be taking on their PPME paperwork, and this list is regularly updated to maintain accuracy.
 - a. It is the student athlete's responsibility to notify their team athletic trainer of any changes to their medication and/or supplement dosage/use throughout the academic year.
 - i. It is the primary responsibility of the student-athlete to check the Drug Free Sport Axis website for each supplement ingested.
 - ii. The team athletic trainer will be responsible for checking any medication via the Drug Free Sport website and submit the necessary documentation to the NCAA via Therapeutic Use Exemption (TUE) forms.
4. Active rosters are updated regularly and are available year-round for random drug testing selections. A designated Team/Staff Athletic Trainer will inform the selected student athletes the day prior to testing, discuss the process, what will be needed, and consequences for non-compliance and/or a positive test.
 - a. Student athletes will sign the NCAA Student-Athlete Notification Form acknowledging the information within after notification in the presence of the athletic trainer.
5. A staff athletic trainer will be present at the time of drug-testing specimen collection with the DCO to facilitate coordination of the process as well as with student athlete identification.
6. In the event of a positive test, communication chain of notification within the 45-day window will be conducted per NCAA notification process.
 - a. The student athlete will meet with a designated staff/team athletic trainer to discuss the consequences of the positive test and the appeal process.

There is no complete list of banned substances. Do NOT rely on this list to rule out any substance/supplement ingredient. Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec The list of NCAA Banned Substances in Each Drug Class (this list is not exhaustive):

The NCAA bans the following drug classes:

7. Stimulants.
8. Anabolic agents.
9. Beta blockers (banned for rifle only).
10. Diuretics and masking agents.
11. Narcotics.
12. Peptide hormones, growth factors, related substances and mimetics.
13. Hormone and metabolic modulators.
14. Beta-2 agonists.

Note: This is not a complete or exhaustive list. Any substance chemically/pharmacologically related to these classes also is banned. The school and the student-athlete shall be held accountable for all drugs within the banned-drug class regardless of whether they have been specifically identified. Examples of substances under each class can be found at ncaa.org/drugtesting. There is no complete list of banned substances.

Substances and Methods Subject to Restrictions:

1. Blood and gene doping.

2. Local anesthetics (permitted under some conditions).
3. Manipulation of urine samples.
4. Tampering of urine samples.
5. Beta-2 agonists (permitted only by inhalation with prescription).

NCAA Nutritional/Dietary Supplements:

Before consuming any nutritional/dietary supplement product, first review the product and its label with your athletics department staff.

1. There are no NCAA-approved nutritional or dietary supplements.
2. Nutritional/dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
3. Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
4. Many nutritional/dietary supplements are contaminated with banned drugs not listed on the label.
5. While third-party tested and low-level risk products may be options, complete elimination of risk is impossible.
6. All nutritional/dietary supplements are taken at the student-athlete's own risk.

Drug Classes	Some Examples of Substances in Each Class	
Stimulants	Amphetamine (Adderall) Caffeine (Guarana) Cocaine Dimethylbutylamine (DMBA; AMP) Dimethylhexylamine (DMHA; Octodrine) Ephedrine Heptaminol Hordenine Lisdexamfetamine (Vyvanse)	Methamphetamine Methylhexanamine (DMAA; Forthane) Methylphenidate (Ritalin) Mephedrone (bath salts) Modafinil Octopamine Phenethylamine (PEA) and its derivatives Phentermine Synephrine (bitter orange)
	<i>Exceptions: Phenylephrine and Pseudoephedrine are not banned.</i>	
Anabolic Agents	Androstene dione Boldenone Clenbutero 1 Clostebol DHCMT (Oral Turinabol) DHEA Drostanolone Epitrenbolone Etiocholanolone	Methandienone Methasterone Nandrolone (19-nortestosterone) Oxandrolone SARMs [Ligandrol (LGD-4033); Ostarine; RAD140; S- 23] Stanozolol Stenbolone Testosterone Trenbolone
Beta Blockers (banned for rifle only)	Atenolol Metoprolol Nadolol	Pindolol Propranolol Timolol
Diuretics and Masking Agents	Bumetanide Canrenone (Spironolactone) Chlorothiazide Furosemide	Hydrochlorothiazide Probenecid Triamterene Trichlormethiazide
	<i>Exceptions: Finasteride is not banned.</i>	

Narcotics	Buprenorphine Dextromoramide Diamorphine (heroin) Fentanyl and its derivatives Hydrocodone Hydromorphone Meperidine	Methadone Morphine Nicomorphine Oxycodone Oxymorphone Pentazocine Tramadol
Peptide hormones, growth factors, related substances and mimetics	BPC-157 Growth hormone (hGH) Human Chorionic Gonadotropin (hCG) <i>Exceptions: Insulin, Synthroid and Forteo are not banned.</i>	Erythropoietin (EPO) IGF-1 (colostrum; deer antler velvet) Ibutamoren (MK-677)
Hormone and Metabolic Modulators	Anti-Estrogen (Fulvestrant) Aromatase Inhibitors [Anastrozole (Arimidex); ATD (androstatrienedione); Formestane; Letrozole] PPAR-d [GW1516 (Cardarine); GW0742] SERMS [Clomiphene (Clomid); Raloxifene (Evista); Tamoxifen (Nolvadex)]	
Beta-2 Agonists	Albuterol Formoterol Higenamine	Salbutamol Salmeterol Vilanterol

Any substance that is chemically/pharmacologically related to one of the above drug classes, even if it is not listed as an example, is also banned. Athletics department staff should provide guidance to student-athletes about supplement use, including a directive to have any product checked by qualified staff members before consuming. The NCAA subscribes only to Drug Free Sport AXIS™ (AXIS) for authoritative review of label ingredients in medications and nutritional/dietary supplements. Contact AXIS at 816-474-7321 or axis.drugfreesport.com (access code ncaa1, ncaa2 or ncaa3).

Unacceptable Drug and Alcohol Related Behavior

Student-athletes are expected to abide by all federal, state, and local laws, as well as any East Texas A&M University policies and regulations pertaining to alcohol and drug consumption. In addition to these laws and policies, East Texas A&M University Intercollegiate Athletics establishes the following alcohol and drug related policies. Do not post or allow pictures of yourself and/or other East Texas A&M University student-athletes drinking or holding alcohol, drug paraphernalia or sexually explicit photos to be posted on social media websites such as Facebook, Twitter, Instagram, Snapchat, etc. Do not consume alcohol or drugs while traveling on university funded trips. Do not consume alcohol or drugs while wearing department-issued ETAMU athletic team gear.

A copy of the current NCAA drug testing program access through the [Sports Medicine Manual](#). Below are our learning outcomes or goals for drug testing and education for student-athletes.

- The prevention of substance abuse in the East Texas A&M athletic community
- The education of student-athletes on the physical, psychological, and social effects of substance abuse
- The education of student athletes that substance abuse is harmful and unethical.
- To protect the health and safety of East Texas A&M's student athletes
- To deter the use/abuse of illegal and harmful substances among East Texas A&M's student athletes
- To maintain the integrity of East Texas A&M University, East Texas A&M Athletics, the Southland Conference ("SLC"), and the National Collegiate Athletic Association

(“NCAA”) by ensuring fair competition

In agreement with the policies of East Texas A&M University and the NCAA, East Texas A&M Athletics prohibits the use, sale, or distribution of any and all illegal substances by its student athletes and staff. This includes all illegal drugs, prescription drugs, taking non-prescription drugs for purposes other than their intended use, using anabolic steroids, and utilizing nutritional supplements containing illicit or NCAA-banned substances.

Division of Academic Affairs

Multiple academic courses at East Texas A&M University address the use and abuse of alcohol and other drugs, as it is interconnected within numerous students' academic fields of study. The issues of drug and alcohol use and abuse have been integrated into the curriculum of these academic schools and departments.

College of Education and Human Services

- Department of Curriculum and Instruction
- Department of Counseling
- Department of Health and Human Performance
- Department of Nursing

The Department of Counseling offers four courses each semester that focus on Alcohol and Drug education. The courses are COUN 480- Introduction to Drugs and Alcohol, Coun 481-Drug and Alcohol Addiction: Awareness, Counseling, Prevention, and Treatment, COUN 580-Substance Abuser: Drugs, and Coun 581-Assessment and Treatment of Chemical Dependency.

College of Humanities, Social Sciences, & Arts

- Department of Sociology and Criminal Justice

The Department of Sociology and Criminal Justice offers three courses related to drug abuse in society. CJ 328-Juvenile Justice System, which touches on contemporary themes including school violence and drugs. The second course is CJ 479-Offender Reentry, which deals with issues impact successful offender reentry, which include drugs and drug treatment. The final course if CJ 534-Drugs and Society.

Health Risks and Resources

Alcohol

Alcohol abuse is a prime contributor to suicide, homicide, and motor vehicle accidents and deaths. Approximately 178,000 deaths each year can be directly attributed to alcohol abuse. Alcohol and drug abuse can also lead to chemical dependency, premature death through overdose, brain damage, gastritis, anemia, and other physical problems. The use of illicit drugs can result in a wide range of health problems, including seizures, heart problems, liver diseases, chronic brain dysfunctions, HIV/AIDS, other diseases and infections, and death. Substance abuse can also cause addiction, memory loss, hallucinations, and paranoia.

Effects of use include slurred speech, drowsiness, headaches, impaired judgment, decreased perception and coordination, distorted vision and hearing, vomiting, breathing difficulties, unconsciousness, coma, blackouts, toxic psychosis, physical dependence, neurological and liver damage, fetal alcohol syndrome, vitamin B1 deficiency, sexual problems, cancer, physical dependence.

Alcohol causes a range of birth defects, the most serious being fetal alcohol syndrome (FAS). Children born with alcohol-related birth defects have lifelong learning and behavior problems. Those born with FAS have physical abnormalities and mental impairment.

Drugs

Drug use - including marijuana, cocaine, methamphetamine, as well as prescription drug misuse and illicit opioids—among adults is on the rise. Different drugs pose different dangers. Drug use can lead to dependence and addiction, injury and accidents, health problems, sleep issues, and more. Drug overdose deaths have risen to above 81,000 in the U.S. the highest ever reported in a single year².

The abuse of illicit drugs can result in a wide range of health problems. In general, illicit drug use can result in drug addiction, death by overdose, death from withdrawal, seizure, heart problems, infections (i.e., HIV/AIDS, hepatitis), liver disease, and chronic brain dysfunction. Other problems associated with illicit drug use include psychological dysfunction such as memory loss, thought disorders (i.e., hallucinations, paranoia, psychosis), and psychological dependency. Additional effects include occupational, social, and family problems as well as a reduction in motivation.

Amphetamines: Effects of use include increased heart rate, increased blood pressure, dry mouth, loss of appetite, restlessness, irritability, anxiety, delusions, hallucinations, heart problems, hypertension, irritability, insomnia, toxic psychosis, physical dependence.

Barbiturates and Tranquilizers: Effects of use include slurred speech, muscle relaxation, dizziness, decreased motor control, severe withdrawal symptoms, possible convulsions, toxic psychosis, depression, physical dependence.

Cocaine: Effects of use include loss of appetite increased blood pressure and heart rate, contracted blood vessels, nausea, hyper- stimulation, anxiety, paranoia, increased hostility, increased rate of breathing, muscle

¹ <https://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm>

² <https://www.samhsa.gov/adult-drug-use>

spasms and convulsions, dilated pupils, disturbed sleep, psychosis, chronic cough, nasal passage injury, kidney, liver and lung damage.

Marijuana/Cannabis: Effects of use include sensory distortion, poor coordination of movement, slowed reaction time, panic, anxiety, bronchitis, lethargy, shortened attention span, suppressed immune system, personality changes, cancer, psychological dependence, physical dependence possible for some.

Morphine/Opiates: Effects of use can include euphoria, increased body temperature, dry mouth, “heavy” feeling in arms and legs, constipation, loss of appetite, collapsed veins, heart infections, liver disease, depressed respiration, pneumonia and other pulmonary complications, physical dependence, psychological dependence.

Emotional consequences of alcohol and drug abuse are often minimized. These substances can cause personality changes which contribute to problems in dealing with family and co-workers. Personality changes may seriously impair a person, and these changes can lead to psychological problems and mental illnesses. Substance abuse may also disrupt effectiveness on the job, reduce motivation, cause legal and financial problems and contribute to social problems.

For additional health risks associated with alcohol and drug abuse:

[Center of Disease Control and Prevention](#)
[Substance Abuse and Mental Health Services Administration](#)

Counseling Services for Employees

East Texas A&M University provides all employees with access to Work/Life Solutions which is provided by the Texas A&M University System. Work/Life Solutions is provided by Guidance Resources® and offers counseling, legal and financial consultation, work-life assistance, and crisis intervention services to all our employees and their household family members.

The program can help employees with the following:

- Stress at home or in the workplace
- Problems with coworkers or supervisors
- Balancing work and family
- Living with depression or anxiety
- Managing a healthy weight
- Struggling with personal finances
- Quitting smoking
- Alcoholism or substance abuse
- Legal issues
- Resolving marital/relationship issues
- Coping with the impact of a tragedy
- Dealing with aging parents
- Coping with loss and grief
- Controlling anger and emotions
- Life changes or transactions
- Other issues affecting your well-being

For more information please visit the Emotional Wellness page [here](#) or contact hrbenefits@tamuc.edu.

Counseling Center Services for Students

The Counseling Center provides short-term counseling and crisis intervention services to assist students who are dealing with alcohol and drug issues and/or a wide range of issues associated with drinking problems and other forms of substance abuse. Treatment recommendations including community referrals are made to students who need substance abuse counseling. Counselors, social workers, and psychologists are trained to assist students with the issues of addiction and abuse. Assessment tools including Substance Abuse Subtle Screening Inventory (SASSI), anonymous online alcohol screening survey, a section on Counseling Center Assessment of Psychological Symptoms (CCAPS 62 and 34), and parts of client intake form are used to facilitate a more accurate understanding of student's substance use.

Student Health Services

Student health services offer general medical care for students and can provide specific information about health risks and treatment options for substance misuse/abuse. For more information call 903.886.8583 or visit the Student Health Services website [here](#).

University Police Department

The University Police Department educates the University community about drug and alcohol issues as well as enforces local, state and federal laws. For more information call 903.886.5868 or visit the UPD website [here](#).

Community Resources

Alcoholics Anonymous
5928 I-30 Frontage Rd.
Greenville, TX, 75401
Monday to Saturday 12:00pm and 7:00pm

Narcotics Anonymous
2800 Oneal St.
Greenville, TX 75401
Sunday-Saturday 12:00pm and 8:00pm

Celebrate Recovery-Ridgecrest Baptist Church
6801 Wesley ST.
Greenville, TX 75402
903.456.8523

Crisis Center of Northeast Texas
2604 Lee Street
Greenville, TX 75401
903.454.9999

Glen Oaks Behavioral Hospital

301 Division ST.
Greenville, TX 75401
903.454.6000

Hunt Regional Behavioral Health
2904 Sterling Hart Dr.
Commerce, TX 75428
903.886.2238

Lake Regional Community Center Mental Health & Substance Use Services
400 Airport RD.
Terrell, TX 75160
903.524.4159

Mental Health Clinic of Greenville
301 I-30 Ste. #100
Greenville, TX 75401
903.274.4140

Sanctioning and Enforcement

The biennial report includes a review of consistent enforcement of sanctions. A student or employee found responsible for noncompliance with federal or state laws or institutional policies, regulations, and/or rules regarding alcohol or other drug policies has committed a violation and is subject to sanctions commensurate with the offenses and any aggravating and mitigating circumstances.

Disciplinary action in cases involving drug-related violations by students may result in suspension, or expulsion from ETAMU. Cases involving employees result in disciplinary sanctions up to and including termination. Severity of sanctions will depend upon the nature and seriousness of each case.

University Police Department

An annual review is conducted to:

- Determine the number of drug and alcohol-related violations and fatalities that occur on the campus or as part of any institution's activities.
- Determine the number and type of sanctions that are imposed by the institution because of drug and alcohol-related violations and fatalities on the institution campus or institution's activities.
- Ensure that the state law is consistently enforced.

The following chart shows statistical data collected on drug and alcohol arrests and disciplinary actions as reported in East Texas A&M University Annual Security Report. *Please note that these numbers show only those alcohol and drug offenses covered under the Clery Act.*

On-Campus Activity

Offense	2022	2023	2024
Liquor Law Referral	14	29	20
Liquor Law Arrests	15	26	18
Drug Law Referrals	76	74	194
Drug Law Arrests	57	44	49

Off-Campus Activity

UPD has a working relationship with the Commerce Police Department. The Office of Student Rights and Responsibilities addresses alleged violations of university rules and/or student rules off East Texas A&M University premises.

Disciplinary Sanctions

Sanctions for violations of drug or alcohol rules, policies and regulations may include expulsion, suspension, probation, and/or a letter of reprimand.

An educational module through 3rd Millennium: Under the Influence is typically assigned for violations of institutional alcohol policy. The most common sanction affecting a student's status is Conduct Probation.

The Conduct Probation status in combination with educational requirements and intervention provides an educational tone versus a consequence or punitive model. Any finding of a violation of the Code of Student Conduct during a term of conduct probation may result in consideration of suspension, or expulsion as an appropriate sanction. Conduct Probation is considered not in good standing for the student or organization and becomes a permanent part of the student's confidential record.

Financial Aid

The objective of Student Financial Aid is to provide assistance through grants, scholarships, loans, exemptions/waivers, and work-study to students who, without such aid, would be unable to attend college.

Consumer Information Requirements

As required under [34 CFR 86](#), the university must distribute annually drug and alcohol abuse prevention materials in writing to students and employees. These materials must include, among other information, a description of legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol, as well as a clear statement that your school will impose disciplinary sanctions on students and employees and a description of those sanctions for violations of the standards of conduct.

Due to recent significant changes with the FAFSA Simplification Act, the 2024-2025 FAFSA no longer contains the drug conviction question. Beginning with the 2022-2023 award year, drug convictions no longer affect federal student aid eligibility.

Program Participation Agreement

As part of the Financial Aid Program Participation Agreement (PPA), the Institution certifies that on the date it signs this Agreement, it has a drug abuse prevention program in operation that is has determined is accessible to any officer, employee, or student as the Institution. The Employee Assistance Program satisfies the drug abuse prevention program requirement. In addition, the Institution annually provides the required distribution of information to all students and employees. The PPA must be completed and renewed every five years as part of maintaining eligibility for administering federal student aid programs.

TEXAS Grant Program

Institutions are required to collect a statement (electronic or paper) from each TEXAS Grant recipient prior to the disbursement of funds confirming eligibility regarding the controlled substance restrictions of the program. A signed TEXAS Grant Statement of Student Eligibility confirming eligibility must be submitted annually to the Office of Student Financial Aid at East Texas A&M University.

A student is not eligible to receive a TEXAS Grant award if convicted of a felony or an offense under the law in any jurisdiction involving a controlled substance as defined in Chapter 481, Health and Safety Code (Texas Controlled Substances Act), unless he or she meets all other eligibility requirements and one of the following conditions exists:

- A certificate of discharge by the Texas Department of Criminal Justice or a correctional facility has been issued or the student completed a period of probation ordered by a court, and at least two years have elapsed from the date of the receipt, or completion; or
- The student has been pardoned or the record of the offense has been expunged from the student's record and therefore the student has been released from the resulting ineligibility to receive a TEXAS Grant.

Summary of Alcohol and Other Drugs Program

Strengths and Weaknesses

Substance Abuse Prevention Efforts

Substance abuse prevention efforts are embedded within the East Texas A&M Campus. Strength and weakness of the program include:

Strengths

- The Division of Student Affairs works collaboratively across departments and other divisions to deliver comprehensive prevention programs that include marketing and passive programming in residential halls.
- Tabling prevention events are common throughout campus during each semester using campus partnerships such as Fraternity and Sorority Life, Student Rights and Responsibilities, Residential Living and Learning, Student Health Services, Title IX, Student Advocacy and Support, and University Police.
- The AOD committee has been reconstructed in 2023 to address substance use and abuse and expanded to include more partnerships across campus.
- The Human Resources Department provides notification of the Alcohol and Drug policy and available resources to all employees via new hire orientation and distributed annually thereafter.
- The Athletics Department has increased efforts to maximize athlete benefits of resources, education, and training to increase awareness on mental health, and alcohol and drug effects/consequences.

Weaknesses

- Data collection and use often takes a back seat to more pressing issues. There is no one with a designated role of collecting and providing data to better serve our students and programming.
- Like many campuses, East Texas A&M has faced increasing demands for services each semester with little expansion in staff campus wide. There are no full-time prevention practitioners; all staff have multiple roles.
- Distribution is provided annually but there could be a lack of individuals receiving information.

Alcohol and Other Drug Program Goals and Effectiveness

Division of Student Affairs Programming and Intervention

Goals/Program Outcomes

- Increase student skills in reducing risk, coping skills, and bystander intervention strategies.
- Expand cross-departmental collaborations to enhance the visibility and effectiveness of alcohol and drug prevention programming.
- Increase student understanding of the Medical Amnesty Policy (MAP) and reduce fear of disciplinary action when reporting emergencies

Ongoing Assessment

3rd Millennium

- Students complete the 3rd Millennium training titled Under the Influence that is individualized for each student and integrates feedback through interaction. Students identify goals that will help them make a positive change in their personal alcohol use. The course also includes a 30-day follow-up to measure changes in the student's attitudes and behavior."
- Students complete the 3rd Millennium training titled THC 101 that is for use with cannabis, possession of drug paraphernalia, or drugged driving violations. Public education about the dangers associated with cannabis use, presented in a reasonable and balanced manner, is increasingly important to counteract public beliefs that cannabis use is harmless. Motivational enhancement therapy, or motivational interviewing, has been successful in helping inspire internally motivated change for individuals who use cannabis

Division of Finance and Administration Programming and Intervention

Goals/Program Outcomes

- Reinforce understanding of institutional drug and alcohol policies, consequences, and support options among employees
- Improve data collection and alignment across all AOD programming hosted by UPD, HR, and campus partners.
- Ensure consistent and equitable access to information on alcohol and drug policies and available support services.
- Leverage the Lion Safe App's features (Friend Walk, SafeWalk, BlueLight) as part of harm reduction strategies for alcohol and drug use.

Ongoing Assessment

The Division of Finance and Administration demonstrates a continued commitment to maintaining a safe, drug-free, and supportive campus environment through its oversight of institutional policy enforcement, employee compliance, and student-centered safety initiatives. Two key departments, University Police

Department (UPD) and Human Resources (HR) are instrumental in operationalizing the university's alcohol and other drug (AOD) prevention and response efforts.

UPD uses a proactive approach to assess and reduce the risks associated with alcohol and drug use across campus. Their engagement strategy includes both enforcement and education.

The Human Resources Department provides all budgeted faculty and staff with free and confidential access to the Employee Assistance Program. The EAP is a university sponsored program that provides free and confidential assessments, short-term counseling, referrals, prevention and education services to employees and their dependents. The EAP also hosts a website with resources and assessment tools. EAP provides monthly newsletters and hosts training sessions about creating a healthy work-life balance. The Human Resources Department provides guidance applying all state and federal laws regarding substance abuse in the workplace. When abuse of alcohol or drugs is suspected in the workplace, Human Resources collaborates with supervisors in determining effective action. Where an employee rejects mandatory alcohol and drug treatment or fails to meet the terms of applicable disciplinary sanctions, disciplinary measures including termination may result.

Office of the President

Goals/Program Outcomes

- Increase partnerships with off-campus resources to bring community-based expertise and trauma-informed services to campus programming.
- Collect and analyze quantitative and qualitative data on event participation, learning outcomes, and student feedback to guide future programming.
- Maintain a 100% completion rate for mandatory Vector SafeColleges modules among new undergraduate, graduate, transfer students, and student-athletes

Ongoing Assessment

The Office of the President continues to lead East Texas A&M University in establishing a comprehensive, data-informed, and collaborative approach to assessing alcohol and drug prevention efforts. Through training enforcement, community engagement, compliance monitoring, and strategic partnerships, both Title IX and Athletics contribute to sustaining a culture of accountability, prevention, and student well-being. These ongoing assessments directly inform institutional planning and serve as a foundation for continuous improvement in programming and policy compliance.

Recommendations

- The committee will seek to develop a web-based page/resource to share information that would allow students to know they are free to seek help and a safe space.
- Enhance opportunities for educating employees about the dangers of drugs and alcohol via the Human Resources website, the EAP website, and throughout staff and faculty internal benefits information.
- The committee should make more effort to collect and analyze data to assist in strengthening our prevention efforts.
- Athletics will provide ongoing and annual education to student-athletes on banned substances, nutritional supplements, and the NCAA Drug Testing Program.
- Build on existing efforts to embed prevention efforts into a holistic wellness model that will not only address substance use but:
 - Healthy coping skills
 - Promote opportunities for students to build a healthy social network.